

# HEALTH & WELLNESS CENTRE

## FACIALS

Basic facial (45 mins)	R300
Deep cleanse (1 hr)	R320
Advanced 1 (1 hr 10 mins)	R350

## MASSAGES

Swedish full body massage (1 hr)	R480
Aromatherapy full body massage (1hr)	R500
Legs & feet massage (30 mins)	R280
Back, neck & shoulder massage (30 mins)	R300

## HANDS & FEET

Manicure	R230
Pedicure	R280

*\*Please wear open shoes if painting is required*

## WAXING

Brows, lip or chin	R80
Half leg	R180
Full leg	R230
Bikini	R230

## BODY TREATMENTS

Full body exfoliation (30 mins)	R350
Back exfoliation & massage (30 mins)	R300
Back massage with mask (30 mins)	R300

## TINTS

Brow tint	R80
Lash tint	R80
Eyebrow shape (tweeze)	R60

## SPA PACKAGES

**HARMONIOUS** (2 hr 30 mins) R950

Basic facial
Full body massage
Pedicure

**BYE BYE STRESS** (2 hr 45 mins) R1100

Aromatherapy massage
Advanced facial
Pedicure

**LIFESTYLE LIVING** (2 hrs) R800

Hands & feet massage
Back, neck & shoulder massage
Pedicure

**COUPLES MASSAGE** (1 hr) R980

**COUPLES BACK, NECK & SHOULDER MASSAGE** (30 mins) R600



**FOR BOOKINGS, CONTACT:**  
Inge 082 659 2179 | Emma 083 613 0768

Late arrivals will result in a reduction of treatment time. You will be liable for full payment if you fail to cancel appointment at least 2 hours in advance. All appointments must be made in advance and before 11am on Saturdays. Bookings must be made via Whatsapp or you may call Inge or Emma directly. No bookings can be made through the hotel reception. No answer means we are busy with a treatment, please send Whatsapp or SMS with your name, number and booking date and we will get back to you. Closed on Sundays.