

HEALTH & WELLNESS CENTRE

FACIALS

Basic facial (45 mins)	R320
Deep cleanse (1hr)	R350
Advanced 1 (1hr 10 mins)	R400

MASSAGES

Swedish full body massage (1hr)	R500
Aromatherapy full body massage (1hr)	R530
Legs and feet massage (30 mins)	R300
Back, neck & shoulder massage (30 mins)	R330

HANDS & FEET

Manicure	R250
Pedicure	R300

**Please wear open shoes if painting is required*

WAXING

Brows, lip or chin	R100
Half leg	R200
Full leg	R280
Bikini	R230

BODY TREATMENTS

Full body exfoliation (30 mins)	R380
Back exfoliation & massage (30 mins)	R320
Back massage with mask (30 mins)	R320

TINTS

Brow tint	R100
Lash tint	R100
Eyebrow shape (tweeze)	R100

SPA PACKAGES

*HARMONIOUS (2hr 30 mins)	R1000
Basic facial	
Full body massage	
Pedicure	

*BYE BYE STRESS (2hr 45 mins)	R1180
Aromatherapy massage	
Advanced facial	
Pedicure	

*LIFESTYLE LIVING (2hrs)	R900
Hands & feet massage	
Back, neck & shoulder massage	
Pedicure	

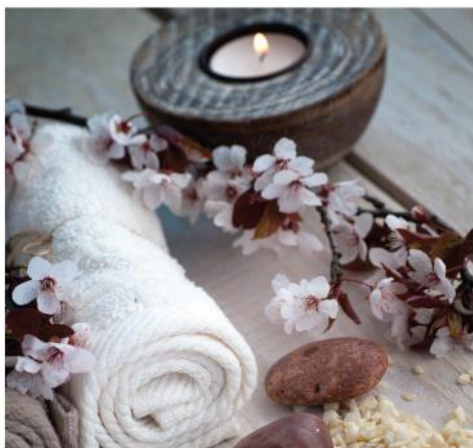
*COUPLES SWEDISH MASSAGE (1hr)	R1000
---------------------------------------	-------

*COUPLES BACK, NECK & SHOULDER MASSAGE (30 mins)	R660
---	------

KIDDIES TREATMENTS

for children from 6yrs to 11yrs

Kiddies Facial	R180
Kiddies Manicure	R120
Kiddies Pedicure	R150
Kids Back, Neck & Shoulder Massage	R200



FOR BOOKINGS, CONTACT:
Emma 083 613 0768 | Inge 082 659 2179

Late arrivals will result in a reduction of treatment time. You will be liable for full payment if you fail to cancel appointment at least 2 hours in advance. All appointments must be made in advance and before 11am on Saturdays. Bookings must be made via Whatsapp or you may call Inge or Emma directly. No bookings can be made through the hotel reception. No answer means we are busy with a treatment, please send Whatsapp or SMS with your name, number and booking date and we will get back to you. Closed on Sundays.